

A guide to our clinic





Welcome

Wimpole Aesthetics is a specialist medical aesthetics centre. Our team of practitioners combine years of medical and aesthetic expertise with a great ability to empathise with our patients.

Your care and wellbeing are central to our values, so you can view us as your personal advisors, providing sound guidance on the full range of aesthetic treatments, procedures, complementary products and services. If we don't have the right treatment for you, or if we know the treatment you are requesting won't be suitable for the outcomes you want, we will also tell you this. We never sell unnecessary treatments. We'll give you the full information that enables you to make the decision for your self, based on what feels right for you.

Each team member trains regularly to remain abreast of the scientific developments and latest thinking in our sector, thus ensuring you are offered the most effective procedures. It's our belief that the "whole person" approach to skin health and overall wellbeing can maximise your treatment outcomes. If you have questions, do get in touch and we will be happy to help.



Choosing the right treatment for you

You can use this booklet to learn about some of the main treatments available at Wimpole Aesthetics, and the kind of conditions for which these therapeutic options are suitable. Often patients ideally need a combination of treatments to achieve their desired result and that's why we develop your individual treatment plan after a medical consultation.

At the consultation we will recommend particular treatments, taking into consideration:

- The outcome you want to achieve
- Your particular medical condition or concern
- Your lifestyle, including diet and nutrition
- Your available time
- Your commitment to invest in your own health and wellbeing

Your treatment plan will include advice on obtaining optimum nutrition and on suitable products to enhance your skin health and wellbeing. Whatever your aesthetic or medical priorities, we develop a suitable treatment plan to meet your needs.



Injectables

What treatments could work well for you?

Line Softening & Facial Contouring

Injectable treatments work well to reduce lines, wrinkles and hollows. They can last from 12 weeks for Botulinum Toxin, up to 18 months or more for some fillers, with an almost instant effect.

Each type of product is made from different substances, the most commonly used line and wrinkle softener being Botulinum Toxin. Our favourite fillers for safe and subtle line softening are made of collagen, hyaluronic gel, or calcium hydroxylapatite gel ("Radiesse").

The costs of each product are quite comparable with one another, ranging from £300, but the final cost depends upon the amount of filler substance used to achieve the desired effect. Lip enhancement with filler costs from £400.

You can pop in, have the treatment and go straight back to work. We are on call to answer any queries you may have afterwards but, in general, this is a simple and straightforward procedure when administered by medical experts. Injectables can be standalone treatments or can form part of your personalised Dermal Plan.

Treatments

- BOTULINUM TOXIN
- APRP (AUTOLOGOUS PLATELET RICH PLASMA)
- DERMAL FILLERS
- NECKTITE & FACETITE



Skin Rejuvenation

Tackle signs of ageing and common skin appearance problems.

Skin Rejuvenation

Youthful and glowing skin is always in great demand. Wimpole Aesthetics can help you to achieve a fresher appearance with a range of skin rejuvenation treatments that address common problems.

In general, skin rejuvenation treatments are quite intense as they stimulate the skin at a deeper level to gradually repair itself. As you would expect, these types of treatments often have a slightly longer healing time and require more of your commitment. The results, however, are well worth the investment and last much longer than more superficial treatments.

If you are concerned about any of the visible effects of ageing on your own skin, we suggest you book a Dermal Plan consultation. You can have your skin health and general health properly assessed, and a bespoke skin treatment plan developed to correct or reduce the appearance of any problematic areas. With our holistic approach that will include realistic advice on skin care products and health, you will be glad that you consulted Wimpole Aesthetics.

Treatments

- APRP (AUTOLOGOUS PLATELET RICH PLASMA)
- CARBOXYTHERAPY
- IPL
- NECKTITE & FACETITE
- MESOTHERAPY
- MICRO-NEEDLING
- PEELS
- PELLEVE
- SMART XIDE FRACTIONAL CO2 LASER
- THERMAGE



Body Weight Treatments

We take a holistic view and will approach treatment of your body weight from a medical and a wellbeing perspective

Body Weight Treatments

Attaining and then maintaining a healthy body weight can be tough for anyone. We believe that a long-lasting effect on your body weight can only happen following analysis of your overall health and when you have ongoing support to achieve your target weight.

Our skilled and supportive team helps you throughout your body weight journey, considering everything from your lifestyle and nutrition, through to any personal and emotional barriers you are facing. After a careful analysis of all these factors we will work with you to devise a realistic plan of action that will achieve your desired outcomes. Additional support that is available to our patients includes access to a clinical hypnotherapist and a nutritional therapist.

Once you have successfully achieved your target body weight, if you still have pockets of excess fat, loose skin or cellulite, we have some therapeutic options which can help. These may include Vaser Liposelection, carboxy therapy (RioBlush), Mesotherapy or Body Tite. These are fast, safe, effective and minimally-invasive procedures, without any of the risks associated with general anaesthetic or with radical liposuction surgery. Contact us to discuss what treatments might work best for you.

Treatments

- BODYTITE
- CARBOXYTHERAPY
- HYPNOTHERAPY FOR WEIGHT LOSS
- NUTRITION
- VASER LIPOSUCTION

Specialist Treatments

Simple and pain free treatments for specific skin conditions or health concerns

Specialist Treatments for specific issues

There's no need to feel anxious or embarrassed if you have a skin condition or health concern that needs treatment. Chances are, we've probably seen it before, and we'll certainly know what treatment works best on specific conditions. So don't be shy about calling us for a confidential consultation, we're here to help.

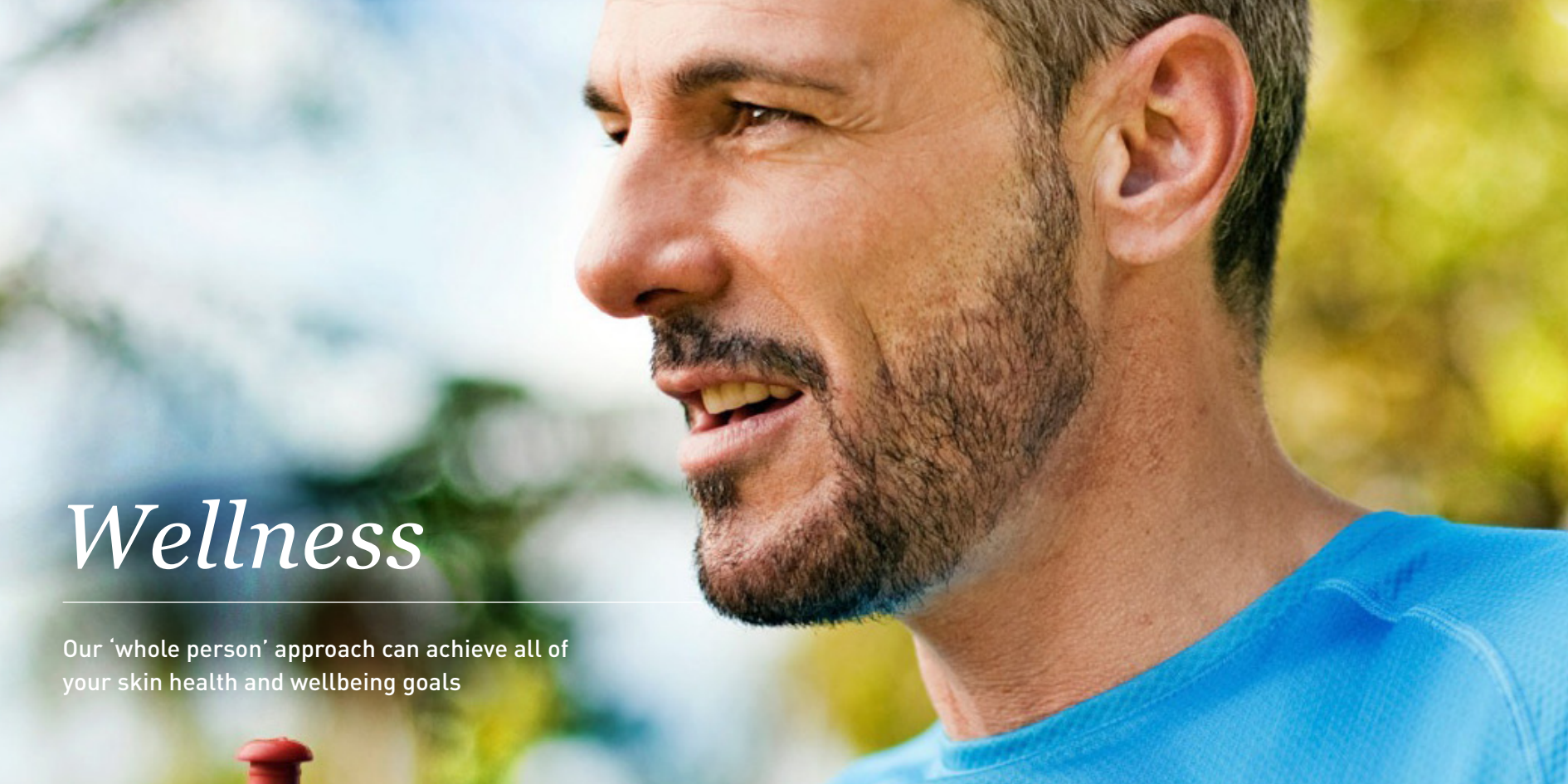
Many common concerns such as stretch marks, scars and moles, skin tags, warts and verrucas, distressing though they are to you, are all usually very easy to remove by our specialists. We offer simple, pain free treatment that is safe and effective. We follow best medical practice and will advise you on all the treatments available to you, so you can choose what feels right for you.

As part of your assessment for moles, we have a mole mate camera that can check each mole individually. We charge for the analysis but this is redeemable against the cost of removal treatment.

We are privileged to have a world famous Specialist Consultant on our part-time staff to treat Vitiligo. Email us at information@wimpoleaesthetics.co.uk

Treatments

- SKIN AND MOLE ANALYSIS
- SKIN TAGS
- AGE SPOTS
- SPIDER VEINS
- CELLULITE
- HYPERHYDROSIS
- VITILIGO
- MIGRAINE



Wellness

Our 'whole person' approach can achieve all of your skin health and wellbeing goals

Wellness & Well Being

We are a reflection of what we eat and how we look after ourselves! So a healthy and well nourished body that is properly maintained with good quality products is better equipped to produce skin that glows with vitality.

Wimpole Aesthetics takes your health and wellbeing very seriously. We believe in providing our patients with information about the whole range of care, services, products and relevant treatments that can help you to maintain optimum skin health. So each patient seen at the Clinic for a skin-related consultation has a general health assessment in addition to their skin health assessment. This helps the doctor to diagnose any underlying medical problems that may contribute to your skin health.

We're proud to have established close working associations with some of the UK's top therapeutic practitioners. These include plastic surgeons, general physicians, endocrinologists, nutritional therapists, clinical hypnotherapists, an alcohol addiction specialist and bariatric specialists. As a medical practice we are able to use prescription only medications when these are appropriate. We can arrange any type of laboratory test and investigation if these are appropriate and necessary for you. We will, if you wish, keep your General Practitioner informed of any treatments or investigations which are conducted at Wimpole Aesthetics.

Treatments

- ALCOHOL ADDICTION
- DETOXIFICATION
- ERECTILE DYSFUNCTION
- HORMONE BALANCING
- INTRAVENOUS NUTRIENT COCKTAILS
- SEXUAL HEALTH

Booking Your Consultation

Booking your confidential consultation at Wimpole Aesthetics couldn't be easier. You can simply call us on 0207 224 2247, or you can make an Online Enquiry at www.wimpoleaesthetics.co.uk

Our professional staff will be pleased to handle your enquiry and will respond courteously and quickly. You'll be glad you consulted Wimpole Aesthetics.



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